

RED MOUNTAIN RESORT & SPA YOGA RETREAT | OCT 20-23, 2022

Hosted by Stacy Levy & Amy Owen

RED MOUNTAIN RESORT & SPA in ST. GEORGE, UTAH

Vinyasa Yoga, Gentle Yoga and Guided Meditation

Three Delicious, Healthy Meals Daily

Spa Treatments, Massage, Facials, Healing Modalities

All Levels Hiking, Fitness Programs, Horseback Riding, Biking
Cooking Demos, Personal Discovery Activities, Healthy Life Classes

Optional Excursions to Zion National Park and Bryce Canyon

Ample Relaxation and Leisure Time

Deluxe Room: Single \$2150 | Double \$1895

Luxury Villa: \$2350 | Double \$2145

Price Includes Accommodations, Food, Hiking, Activities, Yoga



Questions:

Email PURELIVINGYOGARETREATS@GMAIL.COM

To register, please send payment to:

venmo: [stacy-levy2](#)

quickpay/zelle: purelivingyogaretreats@gmail.com

check: email for address

PURE LIVING
YOGA RETREATS